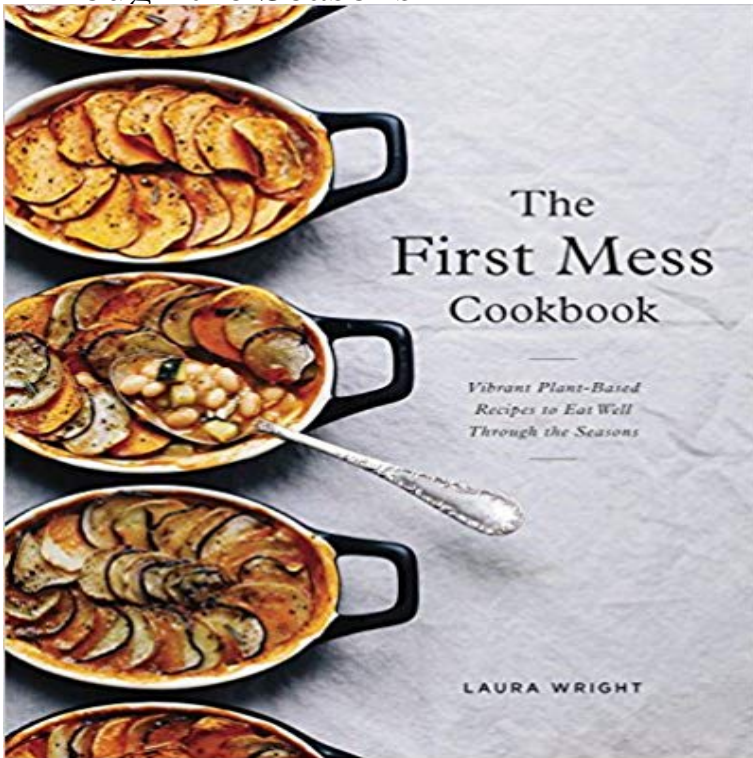


# The First Mess Cookbook: Vibrant Plant-Based Recipes to Eat Well Through the Seasons



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